

P14866/BC1/Sweep 11 Young person cards

GROWING UP IN SCOTLAND

PLEASE NOTE:

- **Not all cards apply to everyone**
- **There is nothing to do in preparation for the interview**

CARD A1

- 1. Single, that is, never married**
- 2. Married and living with husband/wife**
- 3. A civil partner in a legally-recognised Civil Partnership**
- 4. Married and separated from husband/wife**
- 5. Divorced**
- 6. Widowed**
- 7. Other**

CARD A2

- 1. Spouse / Legally recognised civil partner**
- 2. Partner / Cohabitee**
- 3. Biological son / daughter / child**
- 4. Adopted son / daughter / child**
- 5. Foster son / daughter / child of partner**
- 6. Step-son / step-daughter / child of partner**
- 7. Son-in-law / daughter-in-law / child-in-law**
- 8. Biological parent / Birth parent**
- 9. Adoptive parent**
- 10. Foster parent / Foster carer**
- 11. Step-parent / Parent's partner**
- 12. Parent-in-law**
- 13. Biological brother / sister / sibling**
- 14. Half-brother / Half-sister / Half-sibling (i.e. one biological/birth parent the same)**
- 15. Step-brother / Step-sister / Step-sibling (i.e. no biological/birth parent the same)**
- 16. Adopted brother / Adopted sister / Adopted sibling**
- 17. Foster brother / Foster sister / Foster sibling**
- 18. Brother-in law / Sister-in-law / Sibling through marriage or civil partnership**
- 19. Grand-child**
- 20. Grand-parent**
- 21. Other relative**
- 22. Other non-relative**

CARD A3

- 1. To be nearer work**
- 2. Separation/relationship breakdown**
- 3. Parent/carer moved in with new partner**
- 4. Wanted to buy (used to rent)**
- 5. Wanted a larger or smaller home**
- 6. To be nearer relative(s)**
- 7. Could no longer afford it / home was repossessed/eviction**
- 8. To move to better area / To move away from crime**
- 9. Problem with neighbours**
- 10. School catchment area / other education purposes**
- 11. Just wanted a change**
- 12. Other reason (please specify)**

CARD B1

- 1. With other parent/carer**
- 2. With other relatives (e.g. grandparents, aunts/uncles)**
- 3. At boyfriend/girlfriend/partner's home**
- 4. At a friend's home**
- 5. At boarding school or college/university accommodation**
- 6. At a house, flat or room which I own or rent**
- 7. Other (please specify)**

CARD B2

- 1. Every night**
- 2. 5-6 nights a week**
- 3. 3-4 nights a week**
- 4. Once or twice a week**
- 5. Less often but at least once a month**
- 6. Less often than once a month**
- 7. Never**

CARD B3

- 1. To start a job or training**
- 2. To go to college or university**
- 3. To get married / live with boyfriend/girlfriend**
- 4. To share with friends**
- 5. Parents' home was overcrowded**
- 6. I wanted to live on my own**
- 7. I had a child / became pregnant**
- 8. I was forced to leave**
- 9. I fell out with my parents / other household members**
- 10. Some other reason**

CARD B4

- 1. Death of a parent (or parent figure)**
- 2. Death of a brother or sister**
- 3. Death of a grandparent or other close relative**
- 4. Parent has had a serious illness or accident**
- 5. Brother or sister has had a serious illness or accident**
- 6. Severe mental health issues in the immediate family**
- 7. Severe physical health issues in the immediate family**
- 8. Drug taking/alcoholism in the immediate family**
- 9. None of these**

CARD B5

- 1. Parent got married**
- 2. Conflict between parents**
- 3. Parents separated or divorced**
- 4. Grandparents separated or divorced**
- 5. Other close relatives separated or divorced**
- 6. Parent lost job**
- 7. Death of a pet**
- 8. Parent in trouble with the police**
- 9. Parent in prison**
- 10. Brother/sister in trouble with the police**
- 11. Family experienced crime**
- 12. Stay in foster home/residential care**
- 13. Other disturbing event**
- 14. None of these**

CARD C1

- 1. Your mother**
- 2. Your father**
- 3. Your brother(s)**
- 4. Your sister(s)**
- 5. Your grandmother(s)**
- 6. Your grandfather(s)**
- 7. Somebody else**

CARD C2

- 1. Under 3 hours a week**
- 2. 3-4 hours a week**
- 3. 5-9 hours a week**
- 4. 10-19 hours a week**
- 5. 20-29 hours per week**
- 6. 30 or more hours a week**

CARD D1

1. I did not think about voting in the Scottish Parliament election in May 2021
2. I thought about voting in the Scottish Parliament election but in the end I did not
3. I voted in the Scottish Parliament election in May 2021

CARD D2

- 1. I wasn't old enough to vote/I hadn't turned 16**
- 2. I was too busy that day**
- 3. I didn't know about the election / forgot it was taking place that day**
- 4. I was ill that day**
- 5. I was concerned about COVID (e.g. being too close to others at the polling station)**
- 6. I don't think my vote would make a difference**
- 7. I don't think it matters who is elected**
- 8. I wasn't registered to vote in time/didn't realise I had to register**
- 9. I'm not interested / don't care about politics**
- 10. Another reason**

CARD D3

- 1. I don't think it matters who is elected**
- 2. I wasn't registered to vote in time/didn't realise I had to register**
- 3. I'm not interested / don't care about politics**
- 4. I was concerned about COVID (e.g. being too close to others at the polling station)**
- 5. I didn't know about the election / forgot it was taking place that day**
- 6. I was ill that day**
- 7. I was too busy that day**
- 8. I don't think my vote would make a difference**
- 9. I wasn't old enough to vote/I hadn't turned 16**
- 10. Another reason**

CARD D4

- 1. Print newspapers**
- 2. Online news websites**
- 3. Social media (e.g. Facebook, Instagram, Twitter)**
- 4. Youtube**
- 5. TV programmes (including the News)**
- 6. Radio programmes**
- 7. Publicity materials from political parties (such as flyers and posters)**
- 8. Party websites**
- 9. None of the above but have used other sources (please specify)**
- 10. Have not followed news about politics in Scotland in last year**

CARD D5

- 1. Nobody**
- 2. Parents/carers**
- 3. Other family members**
- 4. Friends**
- 5. People in my class at school or college/colleagues at work**
- 6. Someone else**

CARD D6

- 1. Every day or nearly every day**
- 2. Less often but at least once a week**
- 3. Less often but at least a few times a month**
- 4. Less often but at least a few times a year**

CARD D7

- 1. A lot**
- 2. A little**
- 3. Not very much**
- 4. Not at all**

CARD D8

- 1. A great deal**
- 2. Quite a lot**
- 3. Some**
- 4. Not very much**
- 5. None at all**

CARD D9

- 1. Strongly agree**
- 2. Agree**
- 3. Neither agree nor disagree**
- 4. Disagree**
- 5. Strongly disagree**

CARD E1

- 1. Gone to a party, pub or nightclub**
- 2. Watched live sport, gone to a gig, gone to the theatre or to the cinema**
- 3. Attended a religious service**
- 4. Done voluntary or community work**
- 5. Gone to museums, galleries, historic places or stately homes**
- 6. Sung in a choir or played in a band or orchestra**
- 7. Done arts or crafts activities**
- 8. Gone to youth clubs, scouts, Boys' or Girls' Brigade or similar organised activities**
- 9. Read for enjoyment**
- 10. Spent time with/hung out with friends without doing much in particular (outside of school, training or work)**
- 11. Gaming, that is on a phone, tablet, computer or games system (e.g. an X-Box or PlayStation)**

CARD E2

- 1. Most days**
- 2. At least once a week**
- 3. At least once a month**
- 4. Several times a year**
- 5. Once a year or less**
- 6. Never or almost never**

CARD E3

- 1. A great deal**
- 2. Quite a lot**
- 3. Not very much**
- 4. Nothing at all**

CARD E4

- 1. Vegan**
- 2. Completely vegetarian – I don't eat any meat or fish**
- 3. Semi-vegetarian – I am usually vegetarian but occasionally eat meat or fish**
- 4. None of the above**

CARD E5

- 1. My parents are vegetarian/vegan**
- 2. It's better for the environment**
- 3. Because of my religion or beliefs**
- 4. It's better for my health**
- 5. I'm concerned about animal welfare**
- 6. I think it's unethical to eat meat**
- 7. I don't like the taste/enjoy eating meat**
- 8. Other reason**

CARD F1

- 1. Never**
- 2. Less than once a week**
- 3. Once a week**
- 4. 2-4 days a week**
- 5. 5-6 days a week**
- 6. Once a day, every day**
- 7. Every day, more than once**

CARD F2

- 1. 0-15 minutes**
- 2. 16-30 minutes**
- 3. 31-45 minutes**
- 4. 46-60 minutes**
- 5. More than 60 minutes**

CARD G2

- 1. Your sex or gender**
- 2. Your ethnicity**
- 3. Your nationality**
- 4. Your accent**
- 5. The amount of money you or your family have**
- 6. Your sexual orientation**
- 7. Your trans status, including non-binary identities**
- 8. Your mental ill-health**
- 9. Any other health problems or disability**
- 10. Sectarian reasons**
- 11. Your religious belief or faith**
- 12. Your age**
- 13. Other reason**

CARD H1

- 1. I was not doing well at school**
- 2. I needed/wanted to earn money from a job or training programme**
- 3. I had the results I needed**
- 4. I was fed up with school**
- 5. To start an apprenticeship/employment training programme**
- 6. To go to college or university**
- 7. My parents advised me to leave**
- 8. I wanted to work**
- 9. My friends were leaving**
- 10. I couldn't get a bursary or Educational Maintenance Allowance to stay**

CARD H2

- 1. Very often**
- 1. Often**
- 2. Not very often**
- 3. Never**

CARD H3

- 1. Strongly agree**
- 2. Agree**
- 3. Neither agree nor disagree**
- 4. Disagree**
- 5. Strongly disagree**

CARD H4

- 1. Not at all**
- 2. A little**
- 3. Quite a lot**
- 4. A lot**

CARD H5

- 1. General work experience**
- 1. Work placement that was part of a specific subject or course**
- 2. Both of these**

CARD H6

- 1. My parents advised me to study a subject**
- 2. Teachers advised me to study a subject**
- 3. I need to do a subject for Highers or further education**
- 4. I need to do a subject for a career**
- 5. There were no other subjects that I wanted to study**
- 6. I expected I would do well in a subject at the exam**
- 7. I like doing a subject**
- 8. I like the teachers for a subject**
- 9. It's different from the subjects I've been doing before in school**
- 10. Friends would also be doing this subject**
- 11. Chosen to fit my timetable / other subject(s) did not fit timetable**
- 12. Some other reason**

CARD H7

- 1. My parents advised me to study a subject**
- 2. Teachers advised me to study a subject**
- 3. I need to do a subject for Highers or further education**
- 4. I need to do a subject for a career**
- 5. There were no other subjects that I wanted to study**
- 6. I expected I would do well in a subject at the exam**
- 7. I like doing a subject**
- 8. I like the teachers for a subject**
- 9. It's different from the subjects I've been doing before in school**
- 10. Friends would also be doing this subject**
- 11. Chosen to fit my timetable / other subject(s) did not fit timetable**
- 12. Some other reason (please specify)**

CARD H8

- 1. The subject/course wasn't offered in my school**
- 2. My grades weren't good enough**
- 3. I had too many subjects/courses and needed to drop one/some**
- 4. The subject/course I wanted wasn't in the right column**
- 5. I didn't like the teacher**
- 6. Other reason(s)**

CARD H9

- 1. GCSE**
- 2. AS Level**
- 3. A-Level**
- 4. NVQ**
- 5. BTEC**
- 6. City and Guilds**
- 7. Other (please specify)**

CARD I1

- 1. Always true**
- 1. Sometimes true**
- 2. Not true**

CARD I2

- 1. Strongly agree**
- 1. Agree**
- 2. Neither agree nor disagree**
- 3. Disagree**
- 4. Strongly disagree**

CARD I3

- 1. I want to go to University**
- 2. I want to go to College**
- 3. I want to begin an apprenticeship, or some other vocational training course**
- 4. I want to begin full-time work**
- 5. I want to do something else**
- 6. Not sure**

CARD I4

- 1. Your friends**
- 1. Your parents/carers**
- 2. Other family members**
- 3. Your Pupil Support/Guidance teacher/tutor at school**
- 4. Other teachers at school**
- 5. A Skills Development Scotland Careers Adviser**
- 6. A careers website such as My World of Work or PlanIt**
- 7. A university or college representative talking to you and your classmates**
- 8. An employer or training provider talking to you and your classmates**
- 9. Social media**
- 10. Somewhere or someone else (please specify)**

CARD I5

- 1. What I'm good at**
- 1. What I enjoy doing**
- 2. What my parents advised me to do**
- 3. What my teachers advised me to do**
- 4. What a careers adviser advised me to do**
- 5. Which jobs earn the most money**
- 6. Which jobs involve helping others**
- 7. Which jobs have work-based learning routes i.e. apprenticeships**
- 8. My personal characteristics (e.g. gender, disability)**
- 9. Doing something that has a positive impact on society**
- 10. Which jobs require a degree for entry**
- 11. Something else**

CARD J1

- 1. I wanted to enter into or progress in a specific career**
- 1. I wanted to gain a qualification**
- 2. I wanted to be paid whilst training**
- 3. I thought an apprenticeship was a good way to develop work-related skills**
- 4. I have to do an apprenticeship for my job**
- 5. Another reason (please specify)**

CARD K1

- 1. At school**
- 2. At college/university**
- 3. Working (either full-time or part-time)**
- 4. Apprenticeship or training course/scheme**
- 5. Voluntary work**
- 6. Taking time out/gap year**
- 7. Unemployed and looking for work**
- 8. Not working, studying, or looking for work**
- 9. Waiting to take up a college/university place, job, apprenticeship or training programme**
- 10. Something else (please specify)**

CARD K2

- 1. 1-5 people**
- 1. 6-24 people**
- 2. 25-49 people**
- 3. 50-499 people**
- 4. 500+ people**

CARD K3

- 1. Holiday job**
- 2. Working for an employment agency**
- 3. Casual type of work**
- 4. Seasonal work**
- 5. Done under contract for a fixed period or for a fixed task**
- 6. An internship**
- 7. Other non-permanent arrangement**

CARD K4

- 1. Through a friend or family member**
- 1. Through your school or college**
- 2. Through someone else that you know**
- 3. Through a job centre**
- 4. Through a recruitment agency**
- 5. Through a jobs website**
- 6. Through social media**
- 7. Some other way**

CARD K5

- 1. Very well informed**
- 2. Well informed**
- 3. Not very well informed**
- 4. Not well informed at all**

CARD K6

- 1. I know a lot about my rights at work**
- 1. I could know more and would like to be able to find out more**
- 2. I could know more but I don't feel I need to**

CARD K7

1. I don't know much but know where to get advice

1. I don't know nearly enough and would like to know more

2. I don't know much and am not interested

CARD K8

- 1. One week**
- 1. Fortnight**
- 2. Four weeks**
- 3. One calendar month**
- 4. One year**
- 5. Other**

CARD L1

- 1. I lost job/ job opportunity or a place on an apprenticeship or training scheme**
- 1. I couldn't find a job**
- 2. I dropped out of school or college**
- 3. Retrained or changed to work in a different sector**
- 4. Changed jobs (within same sector)**
- 5. Worked more hours**
- 6. Worked fewer hours**
- 7. Took a pay cut**
- 8. Furloughed or on self-employed income support scheme**

CARD M1

- 1. High income**
- 2. A job that offers good training opportunities**
- 3. An interesting job**
- 4. Flexible working hours**
- 5. Generous holidays/time off**
- 6. A good step on the career ladder**
- 7. A job that is useful to society**
- 8. A job that helps other people**
- 9. A job that is good for the environment or helps save the planet**
- 10. Job security**
- 11. Being challenged in the work you do**
- 12. Other**

CARD M2

- 1. Looking for paid work**
- 2. Looking for an education or training course**
- 3. Waiting for a job to start**
- 4. Waiting for an education, apprenticeship or training course to start**
- 5. Waiting for exam or course results**
- 6. Waiting for the result of a job application**
- 7. Waiting for the result of an application to an education, apprenticeship or training course**

CARD M3

- 1. Too busy with family**
- 2. Can't find a job that interests me**
- 3. Can't find a job with enough flexibility**
- 4. Can't find a job that's suitable**
- 5. Because of health problems/injury/disability**
- 6. I would be worse off financially if I started to work**
- 7. Travelling to work would be very difficult for me**

CARD M4

- 1. A charity**
- 1. College or school**
- 2. Family / friends**
- 3. Jobcentre Plus**
- 4. My local Council**
- 5. myworldofwork.co.uk/ (website)**
- 6. Other sources of online support**
- 7. A private company**
- 8. Skills Development Scotland Centre**
- 9. Other**

CARD M5

- 1. Regular allowance, pocket money or other cash help from parents (including payments from chores or babysitting in the household)**
- 1. Regular cash help from other relatives or friends outside the household**
- 2. State benefit payments**
- 3. Educational Maintenance Allowance**
- 4. Bursary**
- 5. Any other education grants or studentships**
- 6. Income from investments (include interest on savings)**
- 7. Other source(s)**

CARD N1

- 1. Agree strongly**
- 1. Agree**
- 2. Neither agree nor disagree**
- 3. Disagree**
- 4. Disagree strongly**

CARD O1

- 1. Very satisfied**
- 1. Fairly satisfied**
- 2. Neither satisfied nor dissatisfied**
- 3. Fairly dissatisfied**
- 4. Very dissatisfied**

CARD O2

- 1. Very safe**
- 1. Fairly safe**
- 2. A bit unsafe**
- 3. Very unsafe**

CARD O3

- 1. More than once a day**
- 2. Every day**
- 1. Several times a week**
- 2. Once or twice a month**
- 3. Once every 2 – 3 months**
- 4. Once or twice**
- 5. Never**

CARD O4

- 1. Taking the dog for a walk**
- 2. Going for a walk (without a dog)**
- 3. Cycling, mountain biking, skateboarding, roller blading, scootering**
- 4. Running/jogging**
- 5. Playing casual sports or games (i.e. kicking a ball around, rounders)**
- 6. Hanging out with friends**
- 7. Spending time with family**
- 8. Hanging out alone (e.g. enjoying nice weather, reading, listening to music)**
- 9. Enjoying being in nature (e.g. listening to birdsong, noticing the changing seasons)**
- 10. Birdwatching/wildlife watching or helping look after nature/wildlife**
- 11. Any other types of activities**

CARD O5

- 1. Agree strongly**
- 2. Agree slightly**
- 3. Neither agree nor disagree**
- 4. Disagree slightly**
- 5. Disagree strongly**

CARD O6

- 1. Very good**
- 1. Good**
- 2. Average**
- 3. Poor**
- 4. Very poor**

CARD 07

- 1. Close/nearby/not far away**
- 1. Most convenient**
- 2. Quickest method**
- 3. Only method available**
- 4. Too far to walk**
- 5. No public transport / public transport unsuitable**
- 6. Good exercise/fresh air**
- 7. No car/transport**
- 8. Cheapest method / it is free**
- 9. Other reason**

CARD N1

- 1. White**
- 2. Mixed or multiple ethnic groups**
- 3. Asian or Asian Scottish or Asian British**
- 4. Black or Black Scottish or Black British**
- 5. Arab**
- 6. Other (please describe)**

CARD N2

- 1. White Scottish**
- 2. White British**
- 3. White English**
- 4. White Welsh**
- 5. White Northern Irish**
- 6. White Irish**
- 7. Gypsy or Irish Traveller**
- 8. Any other White background (please describe)**

CARD N3

- 1. Mixed White and Black Caribbean**
- 2. Mixed White and Black African**
- 3. Mixed White and Asian**
- 4. Any other mixed or multiple ethnic background (please describe)**

CARD N4

- 1. Indian**
- 2. Pakistani**
- 3. Bangladeshi**
- 4. Chinese**
- 5. Any other Asian background (please describe)**

CARD N5

- 1. Black African**
- 2. Black Caribbean**
- 3. Any other Black background (please describe)**

P14866/BC1/Sweep 11 Main carer cards

GROWING UP IN SCOTLAND

CARD P1

- 1. Yes, lived with him/her since birth**
- 1. No, not lived with him/her since birth**
- 2. Lived with him/her since birth but not continuously**

CARD P2

1. I did not think about voting in the Scottish Parliament election in May 2021
1. I thought about voting in the Scottish Parliament election but in the end I did not
2. I usually vote but did not this time
3. I don't usually vote and did not this time
4. I voted in the Scottish Parliament election in May 2021

CARD P3

- 1. Nobody**
- 2. My own child(ren)**
- 3. Family members other than own child(ren)**
- 4. Friends**
- 5. Colleagues at work**
- 6. Someone else**

CARD P4

- 1. Every day or nearly every day**
- 2. Less often but at least once a week**
- 3. Less often but at least a few times a month**
- 4. Less often but at least a few times a year**

CARD P5

- 1. A lot**
- 2. A little**
- 3. Not very much**
- 4. Not at all**

CARD P6

- 1. Agree strongly**
- 2. Agree**
- 3. Neither agree nor disagree**
- 4. Disagree**
- 5. Disagree strongly**

CARD P7

- 1. Contacted my local council**
- 2. Attended a public meeting**
- 3. Contacted an MP or MSP**
- 4. Responded to a consultation document**
- 5. Attended a protest, rally or demonstration**
- 6. Given money to a campaign or organisation**
- 7. Bought – or refused to buy – any products for political or ethical reasons**
- 8. Raised the issue in an organisation I belong to**
- 9. Spoken to an influential person**
- 10. None of these but I have done something else**

CARD P8

- 1. Teachers at child's school**
- 2. Skills Development Scotland Careers adviser attached to the school**
- 3. Skills Development Scotland Careers adviser at careers office outside school**
- 4. Representatives of a college**
- 5. Representatives of a university**
- 6. Potential employers or apprenticeship providers**
- 7. Friends or family members**
- 8. Someone else**

CARD P9

- 1. My World of Work website**
- 1. My Kid's Career website**
- 2. Planit website**
- 3. Apprenticeships.scot website**
- 4. College or university website(s)**
- 5. Job websites (e.g. Indeed, S1Jobs, Monster, etc.)**
- 6. Results helpline**
- 7. Print media (e.g. Newspapers, magazines, etc.)**
- 8. Social media (e.g. Facebook, Twitter, Instagram etc.)**
- 9. Other**

CARD P10

- 1. Staying on at school**
- 1. Going to college**
- 2. Starting an apprenticeship**
- 3. Starting some other type of work-based training**
- 4. Getting a full-time job (either as an employee or self-employed)**
- 5. Volunteering**

CARD P11

- 1. Stay on at school**
- 1. Go to college**
- 2. Start an apprenticeship**
- 3. Start some other type of work-based training**
- 4. Get a full time paid job (either as an employee or self-employed)**
- 5. Something else**
- 6. I didn't mind**

CARD P12

- 1. Gone to University**
- 1. Gone to college**
- 2. Completed an apprenticeship**
- 3. Had a full-time paid job**
- 4. Had a part-time paid job**
- 5. Worked in the family business**
- 6. Worked unpaid as a volunteer**
- 7. Started a family**
- 8. Left home**
- 9. Been travelling**
- 10. Something else**
- 11. I don't mind**

CARD P13

- 1. Agree strongly**
- 2. Agree**
- 3. Neither agree nor disagree**
- 4. Disagree**
- 5. Disagree strongly**

CARD P14

- 1. Not very close**
- 2. Fairly close**
- 3. Very close**
- 4. Extremely close**

CARD P15

- 1. Never true**
- 2. Sometimes true**
- 3. Often true**
- 4. Always true**

CARD P16

- 1. Excellent**
- 2. Very good**
- 3. Good**
- 4. Fair**
- 5. Poor**
- 6. Can't say**

CARD P17

- 1. Vision (e.g. due to blindness or partial sight)**
- 2. Hearing (e.g. due to deafness or partial hearing)**
- 3. Mobility, such as difficulty moving around**
- 4. Learning or concentrating or remembering**
- 5. Mental health**
- 6. Stamina or breathing difficulty**
- 7. Social or behavioural issues (for example, due to neuro diverse conditions such**
- 8. as Autism, Attention Deficit or Asperger's Syndrome)**
- 9. Other impairment(s)**

CARD P18

- 1. All of the time**
- 2. Most of the time**
- 3. A good bit of the time**
- 4. Some of the time**
- 5. A little of the time**
- 6. None of the time**

CARD P19

- 1. Spoken to a doctor**
- 2. Taken medication prescribed to you by a doctor or other medical professional**
- 3. Self-medicated (i.e. taken medication not prescribed to you by a doctor or other medical professional)**
- 4. Spoken to a mental health professional (incl. therapist or psychiatrist)**
- 5. Called a helpline**
- 6. Spoken to a friend or family member**
- 7. Something else (please say what at the next question)**
- 8. I have not done anything specifically to support my mental health**

CARD P20

- 1. Working 30 or more hours a week**
- 2. Working fewer than 30 hours a week**
- 3. On maternity/parental leave from an employer**
- 4. Looking after home or family**
- 5. Waiting to take up paid work already obtained**
- 6. Out of work and looking for a job**
- 7. Out of work because of long-term sickness or disability**
- 8. On a Government training or employment scheme**
- 9. In full-time education (including on vacation)**
- 10. In part-education (including on vacation)**
- 11. Wholly retired**
- 12. Not in paid work for some other reason**

CARD P21

- 1. Lost job**
- 2. Retrained or changed to work in a different sector**
- 3. Changed jobs (within same sector)**
- 4. Unable to work for health reasons (in the past and/or currently)**
- 5. Worked more hours (in the past and/or currently)**
- 6. Worked fewer hours (in the past and/or currently)**
- 7. Took a pay cut (in the past and/or currently)**
- 8. Furloughed or on self-employed income support scheme (in the past)**
Work(ed) from home more often (in the past and/or currently)
- 9. Felt concern about long-term job security (in the past and/or currently)**
- 10. None of the above**

CARD P22

- 1. Wages and salaries**
- 2. Self-employment income**
- 3. Investment income (including interest from savings and investments)**
- 4. State benefits or tax credits (including child benefit, but not incl Covid-related support)**
- 5. State retirement pensions**
- 6. Private pensions (including pension from former employer)**
- 7. Other kinds of regular allowance from outside your household (e.g. maintenance, student grants, rent)**
- 8. Covid-related support scheme**
- 9. Other income**

CARD P23

- 1. Child Benefit**
- 2. Universal Credit**
- 3. Tax Credit (incl. Working Tax Credit, Child Tax Credits)**
- 4. Housing Benefit**
- 5. Council Tax Benefit/Council Tax Reduction**
- 6. Employment and Support Allowance**
- 7. Disability Living Allowance**
- 8. Another benefit for people with disabilities**
- 9. Some other state benefit or allowance**

CARD P24

- 1. Less than £115**
- 2. £116-£192**
- 3. £193-£230**
- 4. £231-£289**
- 5. £290-£346**
- 6. £347-£385**
- 7. £386-£442**
- 8. £443-£500**
- 9. £501-£558**
- 10. £559-£615**
- 11. £616-£730**
- 12. £731-£845**
- 13. £846-£961**
- 14. £962-£1,076**
- 15. £1,077-£1,192**
- 16. £1,193-£1,307**
- 17. £1,308-£1,423**
- 18. £1,424-£1,538**
- 19. £1,539 or more**

CARD P25

- 1. Less than £500**
- 2. £501-£833**
- 3. £834-£999**
- 4. £1000-£1249**
- 5. £1250-£1499**
- 6. £1500-£1666**
- 7. £1667-£1916**
- 8. £1917-£2166**
- 9. £2167-£2416**
- 10. £2417-£2666**
- 11. £2667-£3166**
- 12. £3167-£3666**
- 13. £3667-£4166**
- 14. £4167-£4666**
- 15. £4667-£5166**
- 16. £5167-£5666**
- 17. £5667-£6166**
- 18. £6167-£6666**
- 19. £6667 or more**

CARD P26

- 1. Up to £5,999 pa**
- 2. £6,000 - £9,999 pa**
- 3. £10,000-£11,999 pa**
- 4. £12,000-£14,999 pa**
- 5. £15,000-£17,999 pa**
- 6. £18,000-£19,999 pa**
- 7. £20,000-£22,999 pa**
- 8. £23,000-£25,999 pa**
- 9. £26,000-£28,999 pa**
- 10. £29,000-£31,999 pa**
- 11. £32,000-£37,999 pa**
- 12. £38,000-£43,999 pa**
- 13. £44,000-£49,999 pa**
- 14. £50,000-£55,999 pa**
- 15. £56,000- £61,999 pa**
- 16. £62,000- £67,999 pa**
- 17. £68,000- £73,999 pa**
- 18. £74,000 - 79,999 pa**
- 19. £80,000 or more pa**

CARD P27

- 1. Managing very well**
- 2. Managing quite well**
- 3. Getting by alright**
- 4. Not managing very well**
- 5. Having some financial difficulties**
- 6. In deep financial trouble**

CARD P28

- 1. University degree or degree level professional or vocational qualification**
- 2. HNC, HND, SVQ Level 3 or 4 or other vocational or academic qualification of equivalent level**
- 3. Higher Grades, Advanced Higher/Sixth Year Studies or other school or vocational qualification of equivalent level**
- 4. Standard Grades at levels 1-3, National 4 or 5, Intermediate 2, SVQ Level 1 or 2 or other school or vocational qualification of equivalent level**
- 5. Standard Grades at levels 4-7, National 1,2 or 3, Intermediate 1 or other school or vocational qualification of equivalent level**
- 6. Other qualification**

CARD P29

- 1. Scotland**
- 2. England**
- 3. Wales**
- 4. Northern Ireland**
- 5. Europe**
- 6. Rest of world**

CARD P30

- 1. White**
- 2. Mixed or multiple ethnic groups**
- 3. Asian or Asian Scottish or Asian British**
- 4. Black or Black Scottish or Black British**
- 5. Arab**
- 6. Other (please describe)**

CARD P31

- 1. White Scottish**
- 2. White British**
- 3. White English**
- 4. White Welsh**
- 5. White Northern Irish**
- 6. White Irish**
- 7. Gypsy or Irish Traveller**
- 8. Any other White background (please describe)**

CARD P32

- 1. Mixed White and Black Caribbean**
- 2. Mixed White and Black African**
- 3. Mixed White and Asian**
- 4. Any other mixed or multiple ethnic background (please describe)**

CARD P33

- 1. Indian**
- 2. Pakistani**
- 3. Bangladeshi**
- 4. Chinese**
- 5. Any other Asian background (please describe)**

CARD P34

- 1. Black African**
- 2. Black Caribbean**
- 3. Any other Black background (please describe)**