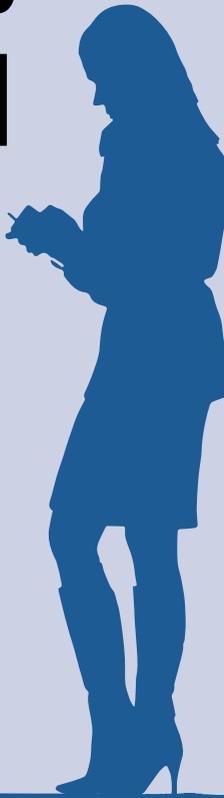




# Growing Up in Scotland



## Did you know...

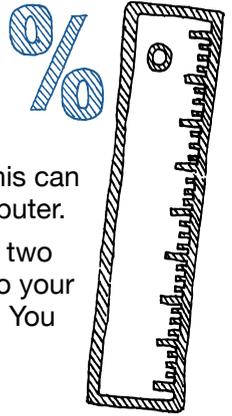
On a typical weekday when they were aged 12, young people taking part in GUS spent, on average, over 2.5 hours on an electronic device.

And 6 out of 10 parents told us they had rules on how much time their child could spend online.

## This year's GUS questionnaires

Thanks again for being part of Growing Up in Scotland. This leaflet provides more information about this year's interview which, due to the Coronavirus outbreak, will take place **online and over the phone**. No interviewer will be visiting your home.





## Online questionnaires

We would like you to complete a short online questionnaire. This can be completed on a smartphone, tablet or laptop/desktop computer.

If we have an email address for you, you should have received two emails from us, each containing a link that takes you straight to your survey: one for the parent/carer and one for the young person. You can also use the link and login details provided on the letters.

## Online questionnaire for the parent/carer

This short questionnaire is for the parent/carer to complete and should only take 10 minutes. Ideally, we would like the parent/carer who took part in the last GUS interview to complete this, and **it should be the same parent/carer who does the telephone interview**. If you have any questions or any problems logging in, please email [gus@scotcen.org.uk](mailto:gus@scotcen.org.uk), or ask your interviewer. The questionnaire will cover topics like:

- Health and wellbeing
- Parenting and relationships, and childhood experiences

## Online questionnaire for the young person

There is also a short online survey for the young person to complete. This should take around 15 minutes. Ideally this should be completed by the young person on their own, but it is fine for a parent/carer to help if they need to. The survey will ask about things like:

- Friends, family and relationships
- Health, wellbeing and identity
- School
- Things they might do in their free time



To be able to keep in touch, we will be asking young people for their **mobile number and email address**, if they have one. We will only use these to contact them about GUS. The details will be kept secure and treated in accordance with data protection legislation, just like any other information you give us.

## Telephone interviews

Your interviewer will call you to arrange a suitable time for your telephone interview. They will be able to answer any questions you have, including questions you may have about the online questionnaires, or the paper questionnaire.

### Parent/carer telephone interview

Parents/carers will be asked to take part in a short telephone interview. This will take around 20 minutes. **We would like the same parent/carer to complete both the online and the telephone questionnaire.** (If applicable, we would like a second parent/carer to complete a paper questionnaire – see the back of this leaflet.) The questions will cover topics such as:

- Young person's health and development, activities and experiences at school
- Education and employment
- Income, housing and family situation



### Young person telephone interview

We would also like the young person to take part in a short telephone interview. This will take around 10 minutes and can either be done at the same time as the parent/carer interview or at a different time. The young person interview will cover things like:

- School
- Screen time, physical activity and sleep

No special knowledge is needed to complete the questionnaires – we are just interested to hear what you think. As always, taking part in any of the questionnaires is completely voluntary and you will be able to skip any questions you don't want to answer, and stop at any time.

### Did you know...

The last time we spoke to you, around 1 in 4 parents who take part in GUS told us they had difficulty meeting the costs of secondary school and 2 in 3 had to spend more money on things like uniforms and school lunches since their child started secondary school.

Information like this helps local authorities across Scotland to better understand and address financial barriers at school in order to ensure a positive school experience for all young people.

## Partner questionnaire

Like last time, if the parent/carer who takes part in the GUS online and telephone interview has a partner who also lives in the household, we would like to hear from them too. We would like partners to complete a paper questionnaire – this should take around 20 minutes. **Once completed, please insert the questionnaire into the large pre-paid envelope enclosed with this leaflet and post it using any postbox nearby.** If you are unsure who should complete the paper questionnaire, please check with your interviewer when he/she calls or contact us using the details below.

## What happens to the information I give?

Like everything that you have shared with us in the past, all the information obtained this year will be treated confidentially, in accordance with data protection legislation, and used for research purposes only. To understand more about what happens to the data you provide, please read our more detailed privacy notice. This can be found by clicking on the 'Information for GUS families' link on the GUS website (address below), and then selecting 'Frequently Asked Questions'

## Thank you for being part of Growing Up in Scotland

As always, taking part is entirely voluntary, and even if you do take part, you do not have to answer any questions you don't want to answer.

If you have any questions, please ask your interviewer, call us free on **0800 652 2704**, or email us at **[gus@scotcen.org.uk](mailto:gus@scotcen.org.uk)**. You can also visit our website: **[growingupinScotland.org.uk](http://growingupinScotland.org.uk)**.

We hope you enjoy taking part in Growing Up in Scotland, but if you do decide that you no longer want to be part of the study, you can withdraw at any time by contacting us by phone or email, or by writing to: ScotCen Social Research, Scotiabank House, 6 South Charlotte St, Edinburgh, EH2 4AW.



THANK YOU!

